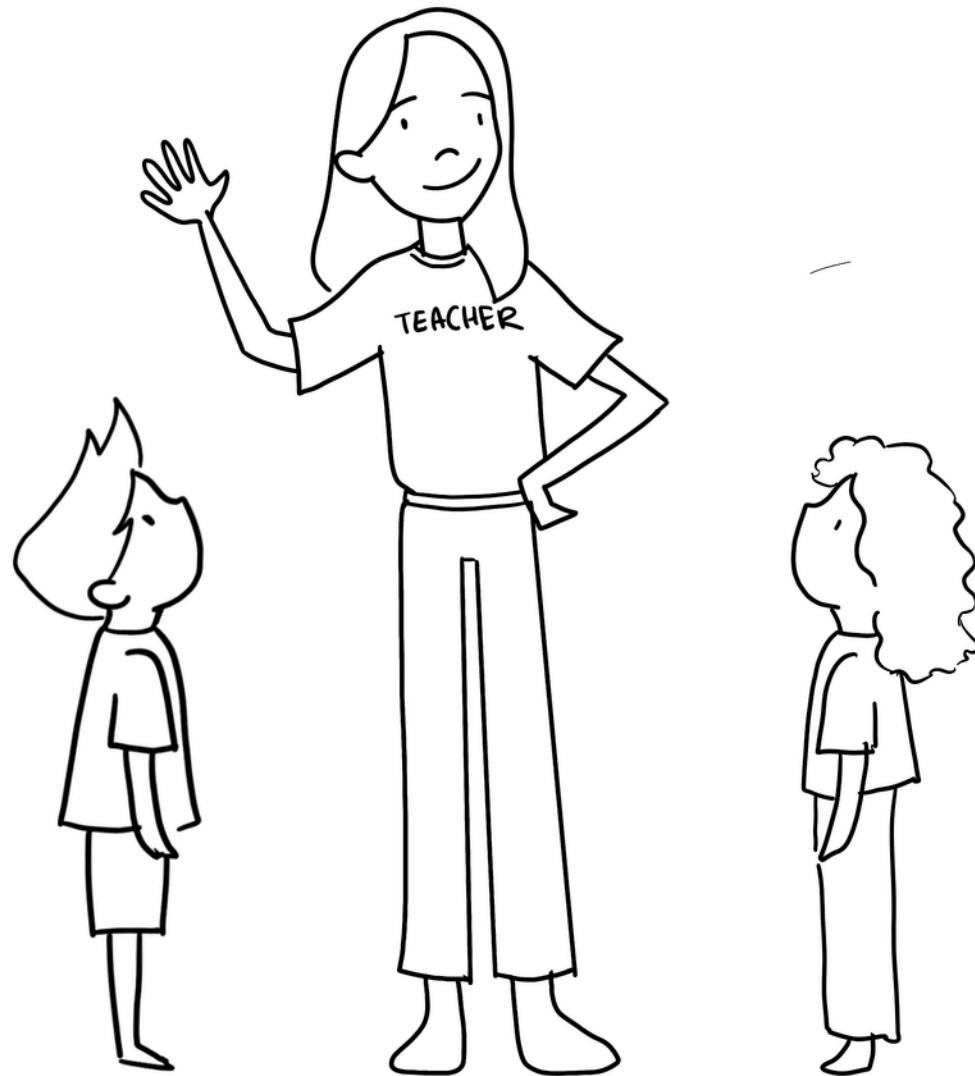


# I Went To Drama School!

## A Social Story for Seattle Children's Theatre

This social story and sensory resource guide will help students understand what to expect when they come to drama school. Our staff and educators at SCT strive to provide a safe, inclusive, and fun environment for all children, no matter their needs.



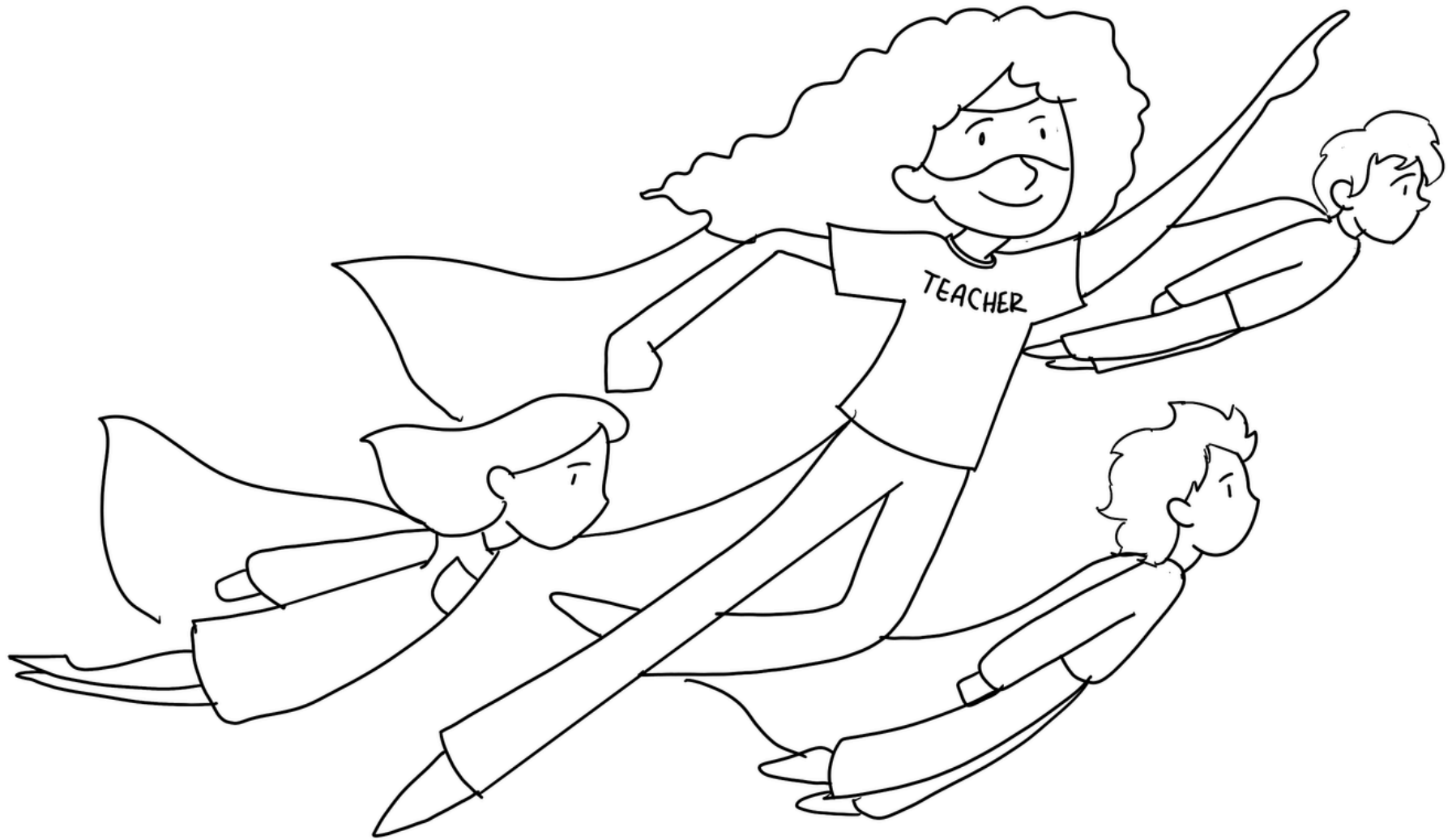
When it's time to go to Drama Camp, the drop-off area might be busy with caregivers and kids. My teacher will greet me, I'll join my group, and say good-bye to my grown-up.



At the start of class, I will work with my classmates (and teacher) to make community agreements about how we will behave together. These guidelines will help make our classroom fun and safe.



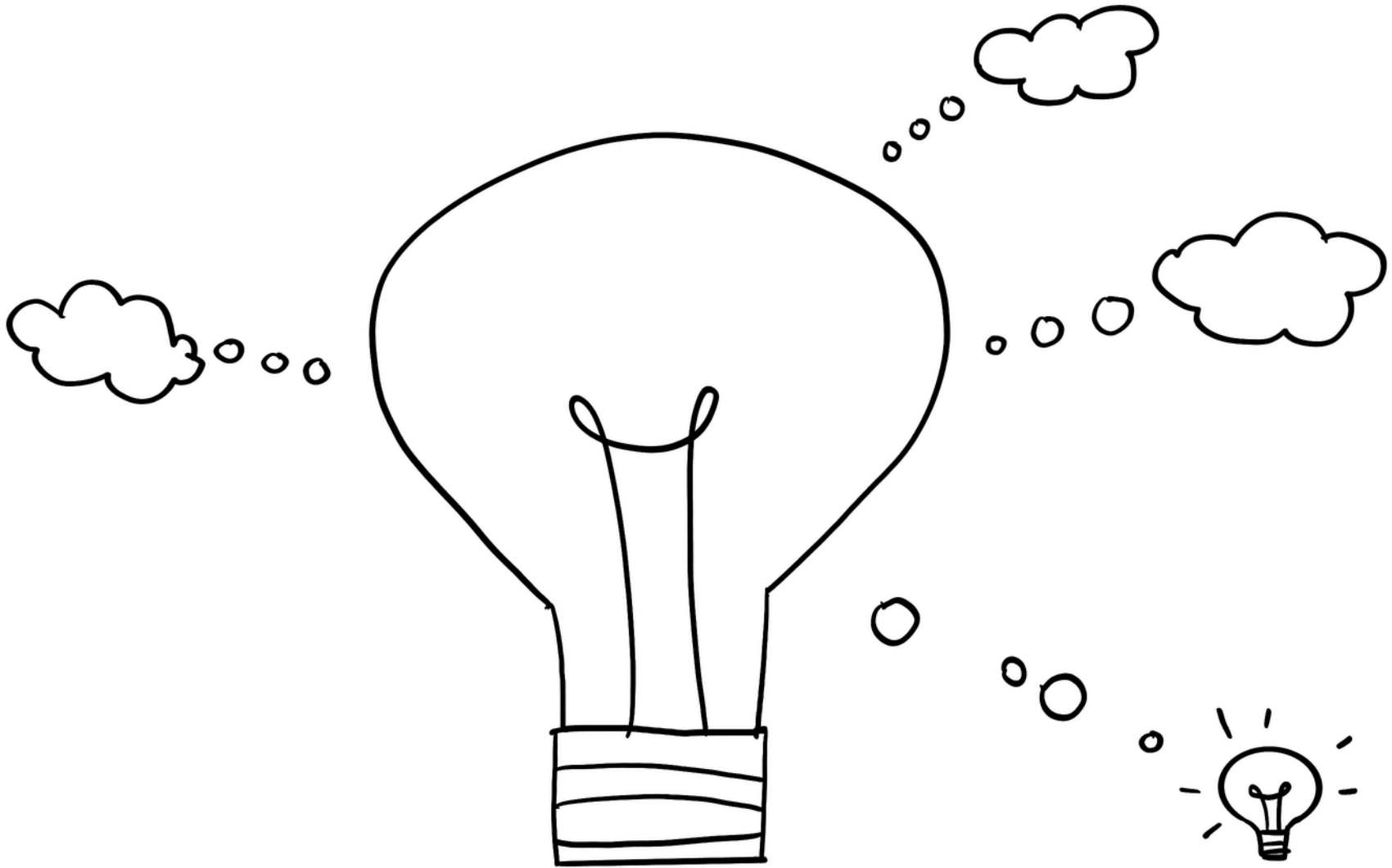
In class, the teacher will lead us in games and imaginative play. I might be writing and drawing, singing and dancing, building a craft, or dressing up in a cool costume.



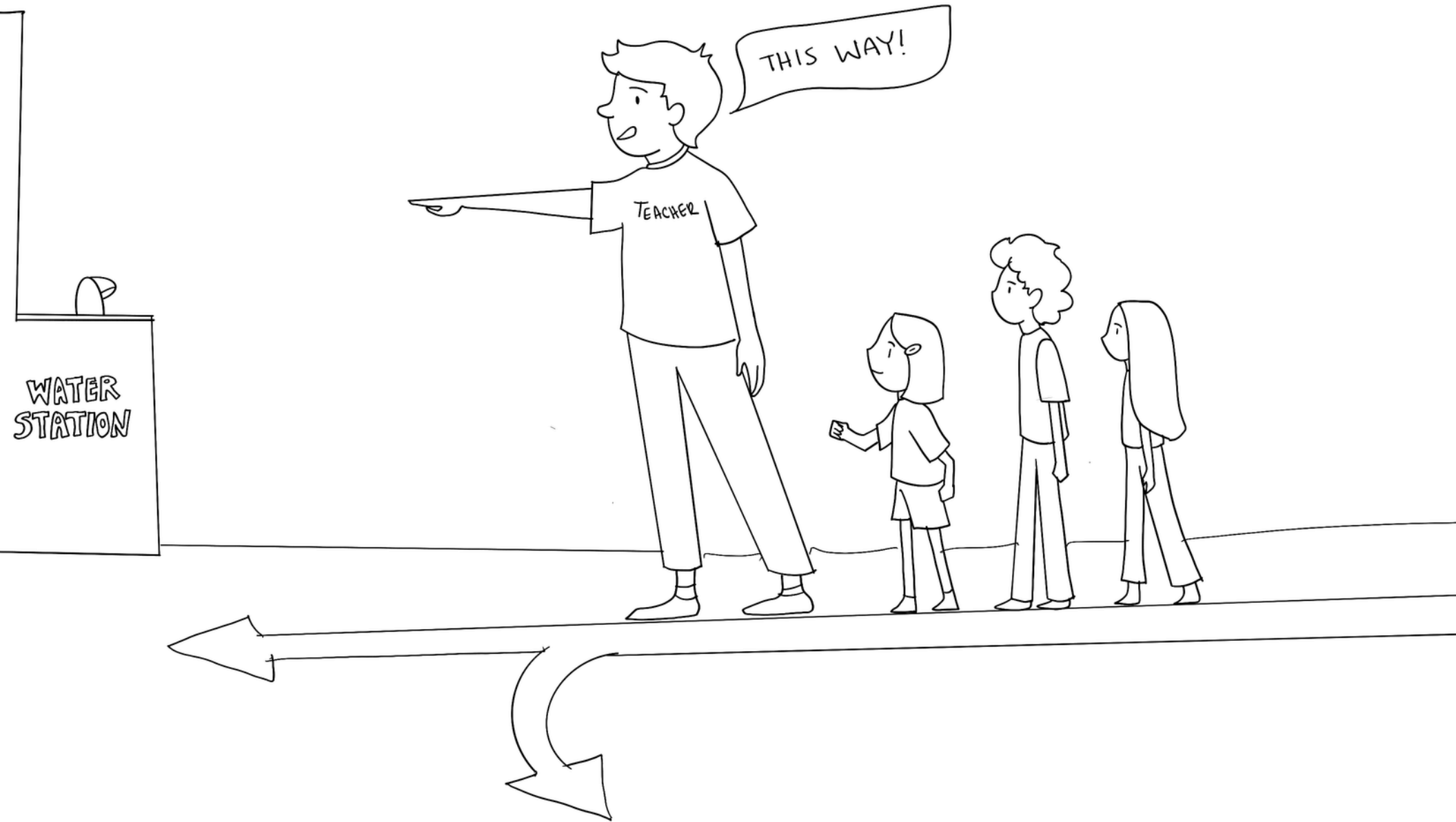
My teacher might pretend to be a different character while we go on an imaginary adventure. I also will get to play pretend and act out characters.



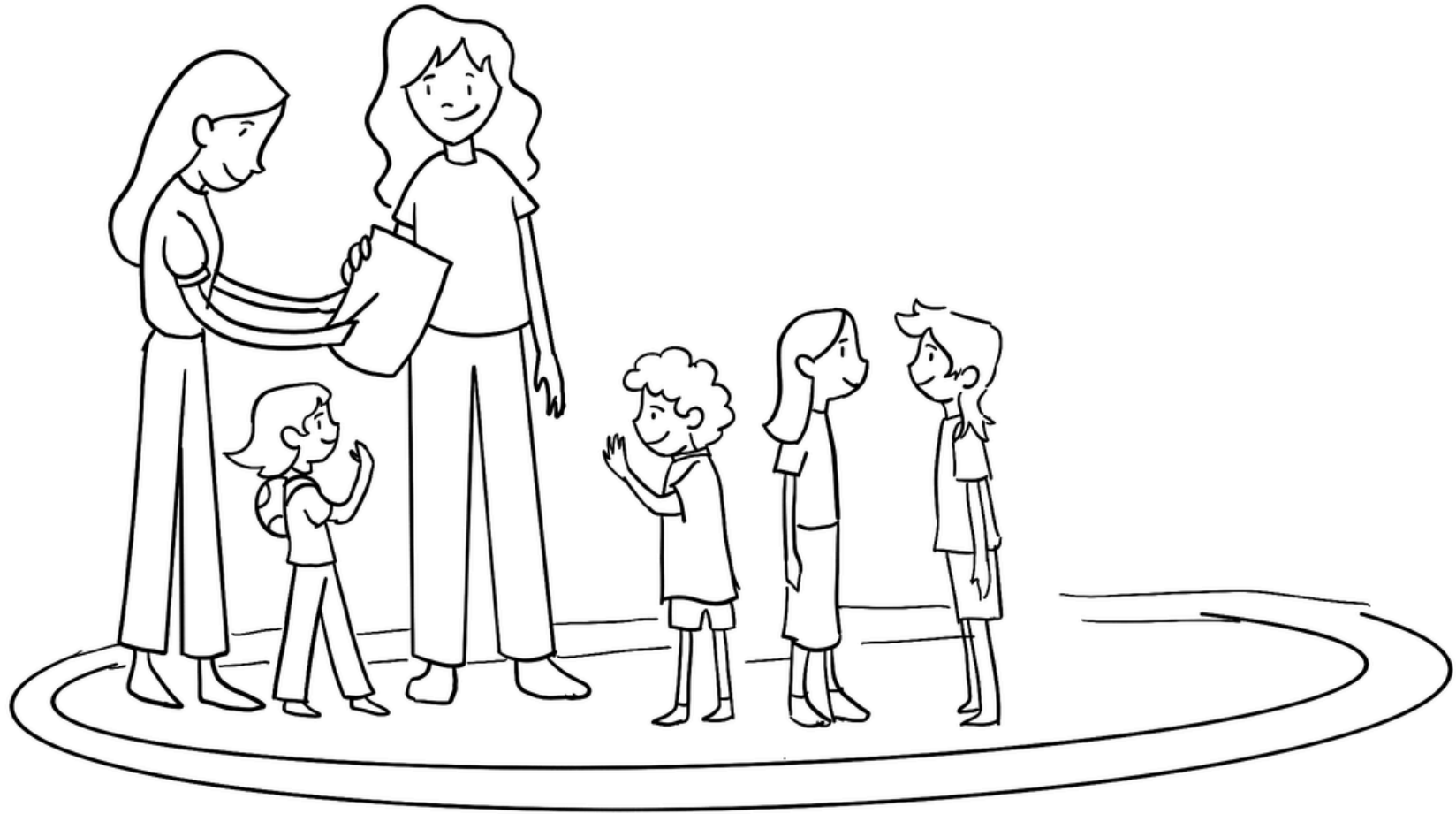
I could pretend that my classroom is a different place, like a forest! My teacher will tell me when it's time to end the adventure and do something else.



When I'm working together with my class, it's important to listen carefully to everyone's ideas. I will get to share my ideas too, and might have the opportunity to share my work with classmates.



The theatre is very big. When I am moving around the building, I will follow my teacher and stay with my group. There will be break times where I will leave the classroom to eat, play, and get water.



M 1

22

3

When it is time to go home, I will pack up my things and line up with the class. My grown-up will talk to my teacher and sign me out. Time to say bye to my friends and teacher!

# What Are Some Rooms I Might See in Drama School?



## East Rehearsal Hall

Some classrooms have big windows and tall ceilings.



## Studio B Classroom

Other classrooms might be smaller, with carpet on the floors.



## Theatre Lobby

Some rooms are very wide, with stairs and pillars.



# Feeling Overwhelmed at Camp?

Sometimes, Drama School can be very loud and full of excitement. I can talk to my teacher about what I need to feel comfortable in class.

## When I am feeling overwhelmed I can...

Ask my teacher for a class tool.

Ask my teacher if I can take a break outside the classroom.

What else can I do if I am feeling overwhelmed?



# What Are Class Tools?

Class tools are objects, routines, and spaces that can help me regulate my body when I am feeling anxious, overwhelmed, or full of energy.

I can ask my teacher about what class tools might be helpful for me!

**Fidget Toys**  
Fidget toys are useful for giving my hands something to do when I have energy.



**Chair Band**  
I can kick and play with a chair band when my legs are full of energy.



**Headphones**  
I can use headphones when it gets too loud.



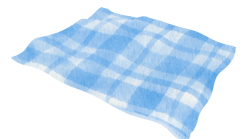
**Coloring Pages**  
I can use coloring pages when we want a quiet activity.



**Weighted Blanket**  
This is a heavy blanket that can make me feel more relaxed.



**A Quiet Space**  
A spot away from the main action of the class where I can rest.



**What are other tools that I might need in class?**

---

---

I will have so much  
fun at drama school!