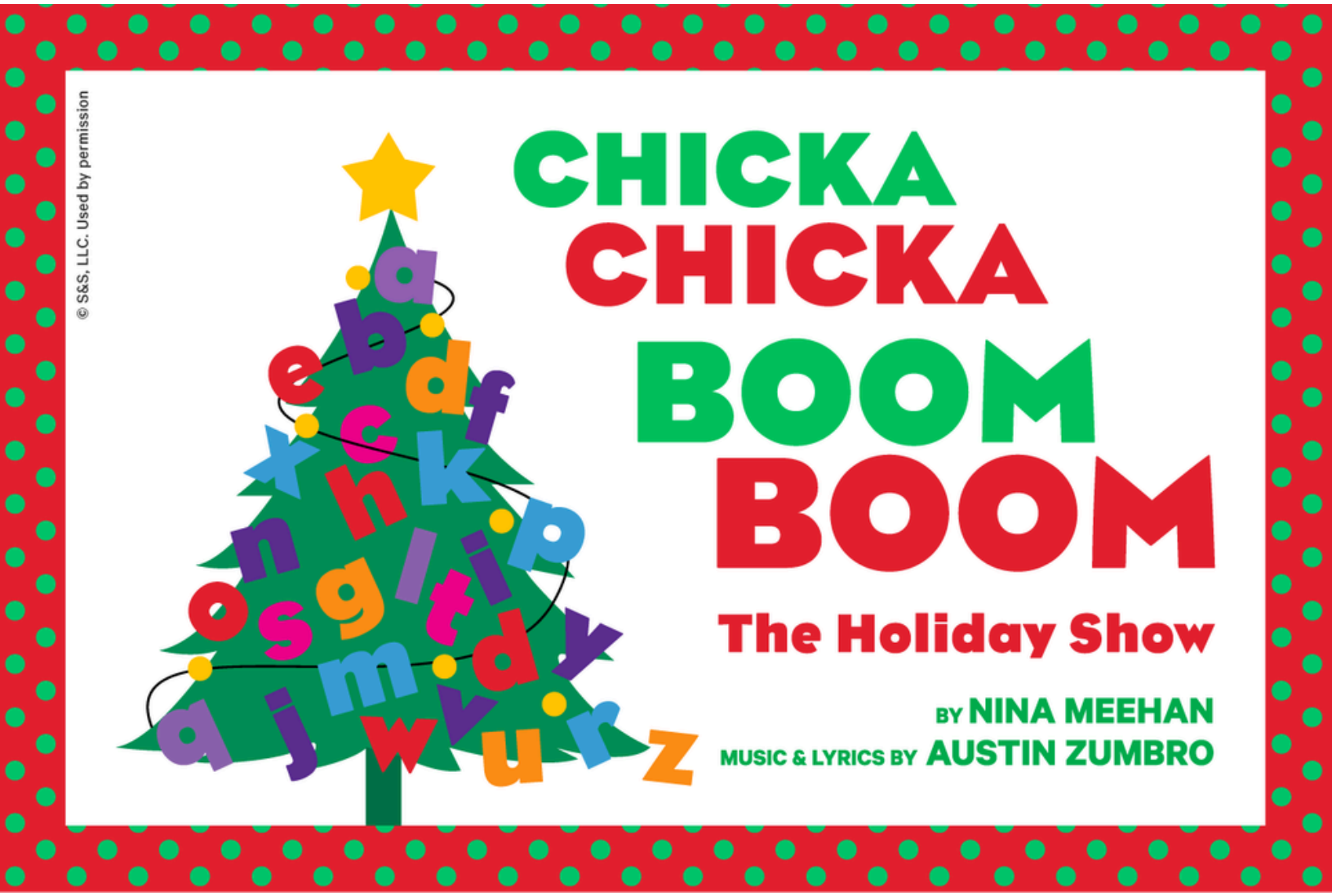
SENSORY GUIDE



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GENERAL CONSIDERATIONS

- Duration: Approx. 65 minutes, with a 10-minute intermission.
- The decibel levels recorded in this guide account for moments of applause; sound levels may vary depending on the specific audience.
- This Sensory Guide was developed following an audit in November 2026 at Seattle Children's Theatre. The information in this guide should not be relied on for performances at other venues.
- The audit was conducted by a neurodivergent member of the Sensory Access team.

SENSORY IMPACT KEY


Auditory Impact


Visual Impact


Emotional Impact


Strobing Effects

COMMON DECIBEL (DB) LEVELS

70	Office/classroom chatter
80	Busy traffic, dog barking
90	Hairdryer
100	Lawnmower, construction site
110	Concert, night club
120	Police siren, airplane taking off

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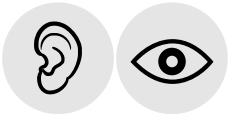
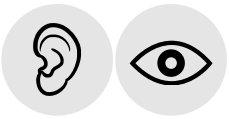
ACT I

SCENE	DESCRIPTION	SENSORY
0-10 minutes	• Pre-announcement (Jingle Bell sounds) • Slow moving colorful stage lights • Instrument sounds: trombone, bell, xylaphone, shaker • Twinkle sounds • Up to 95.9 dB	
10-20 minutes	• Drum sound • Up to 92.4 dB	
20-30 minutes	• Actor in the audience • Special spots have lights halfway on in the house • Yelling • Moving spotlights • Audience interaction • Up to 99.5 dB	
30-40 minutes	• Storm sounds • End of first act • Up to 86.6 dB	

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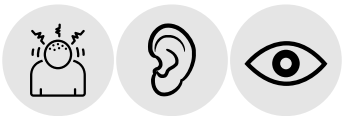
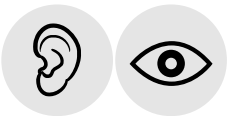
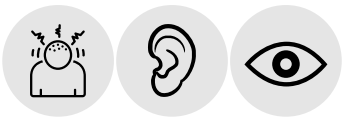
ACT II

SCENE	DESCRIPTION	SENSORY
0-10 minutes	• Blackout with spotlight • Quick moving spotlights • Mild strobe-like effect • Audience interaction • Up to 96.7 dB	
10-20 minutes	• Light flashes • Bright scenic lighting • Yelling • Scenic light moving quickly • Blackout on stage • Some of the stage props are reflective and lights reflect back towards the audience • Up to 94.7 dB	
20-30 minutes	• Audience interaction • Up to 89.7 dB	
30-40 minutes	• Disco ball lights • Actors in the audience • Strobe-like effects • Up to 96.1 dB	

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