



THE STORY OF

4

14 YEAR OLD MIDDLE SCHOOL STUDENTS.

HATTIE



Hattie tries in school, but would rather hang out with her friends. She's confident and comfortable in social situations. She is in constant contact with her circle of friends, meeting them for lunch every school day, texting group chats between classes and meeting to do homework together every night.

RAYNA



Rayna is into studying hard and getting straight "A"s. She doesn't have many friends at school, but she's recently found someone online she connects with. She is loyal to people close to her and very protective of her family.

ZUMI



Zumi loves shoes. He has a large collection of Jordans which he considers to be the best shoes ever. He's a prankster who posts videos on Instagram, and dreams of going viral. Zumi is best friends with his cousin Rayna, and very supportive of her.

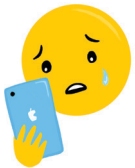
ANTONY



Antony is new to this school. He's obsessed with video gaming, and loves making videos and posting them to his YouTube channel. He's ambitious and trying to build up his followers. Antony likes school, but hates P.E.

LOOK OUT FOR THIS

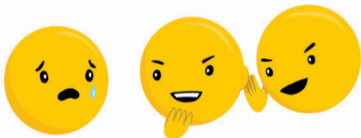
During the play, each of these characters bullies one of the other characters by using the following bullying tactics. Look out for the following examples of bullying while you are watching the performance



CYBERBULLYING means using technology like a cell phone or a computer to deliberately upset someone else.



PHYSICAL means using physical intimidation like repeatedly pushing, slapping or shoving someone else.



PERSONAL means using embarrassing information or spreading false rumors about someone else.

HAVE YOU EVER

experienced any of these forms of bullying?
Have you ever witnessed bullying?

DID YOU KNOW?

Bullying means these things happen repeatedly.

BE A BULLY BUSTER

If you have ever been bullied or seen someone else be the victim of a bully you might have had a number of different reactions. When being bullied, it is best to try to remember and respond with the four following "bullying repellent steps"



STEP 1: SPEAK OUT

If you see something, say something. That could be as simple as telling the bully to stop, or going up to the person who was bullied and saying, "I'm sorry that happened to you"



STEP 2: DEFLECT AND PROTECT

After you speak out and you are able to gather your thoughts, you want to say something that will not worsen the situation. To protect yourself, your best bet is to walk away.



STEP 3: STAND STRONG

If the bully continues to bother you after you have applied the first two steps, you can tell the bully if they don't stop, you will have to tell someone.



STEP 4: ALARM AN ADULT

If the situation keeps happening and you feel like you can no longer handle it, you should tell a trusted adult.

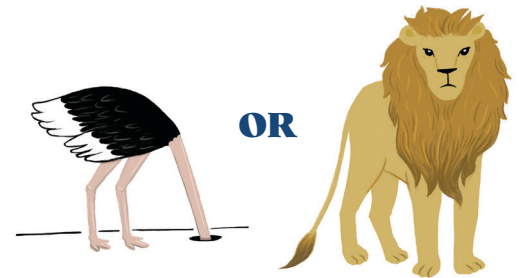
LOOK OUT FOR THIS

While watching the play, see if any of the characters use these strategies when bullied. For example, when one character shoves and slaps another, does the victim speak out? Deflect and protect?

LOOK OUT FOR THIS

In the play, one of the characters chooses to be an "Upstander" not once but twice. See if you can figure out which character is the "Upstander" and which of the below steps the character chooses.

BYSTANDER UPSTANDER



WHEN WITNESSING BULLYING:

If you ever witness someone being bullied, you will be faced with a clear choice. If you choose to do nothing you are considered a "bystander" This means that you could be considered a part of the bullying incident, or you could choose to take one of the following actions. If you take these steps you are considered an "Upstander"

WAYS TO BE AN UPSTANDER

1. **Choose not to join in** when people are picking on or laughing at someone.
2. **Speak out against unkind words** or actions.
3. **Say something helpful** to the person who's being picked on or laughed at.
4. **Ask people who are teasing** how it would feel if they were the ones being teased.
5. **Ask the person who's being left out** or picked on to join you in an activity.
6. **Let an adult know what's going on.** While it can be frightening to take action, or "snitch" the truth is that if you choose to do nothing, you are actually supporting the act of bullying.